



THE MINDFULNESS  
CONSORTIUM

Submission Guide

# Overview

---

**Thank you for choosing to share a dataset with The Mindfulness Consortium! Adding your dataset is simple and structured:**

**Step 1:** Create an account or login and start new dataset insert

**Step 2:** Describe your dataset in the standardised submission form

**Step 3:** Add a relevant publication, study protocol/registration, or data repository link

**Step 4:** Upload your files (optional)

**Step 5:** Submit your record

**Step 6:** Recieve collaboration and data use requests

**Reach out to [ivanaburic27@gmail.com](mailto:ivanaburic27@gmail.com) with any questions or concerns, we'd love to help!**

# Step 1: Create your account

---

You must have an account to share a dataset. To create one, click '**Register**' under the 'Members' tab on the top right

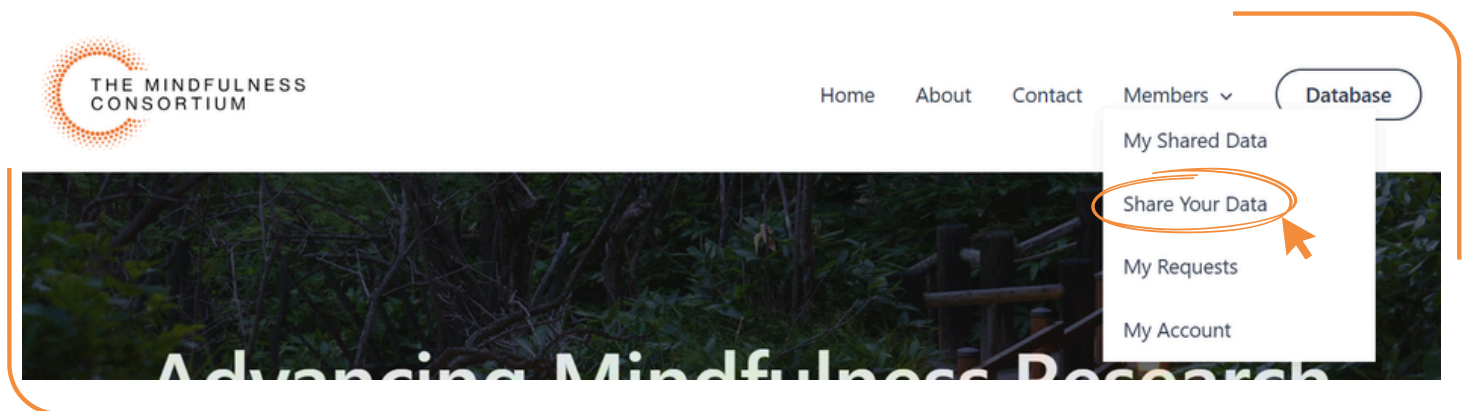


You can choose to create your account using ORCID, facebook, or through a google account on your device. You may also manually input your details

If you have an existing account, click '**Login**' under the same 'Members' tab and sign in using your details

## Step 2: Start a new data entry

Once you are logged in, start a new data entry by clicking '**Share your data**' under the 'Members' tab on the top right



The standardised form includes a number of fields with information about you, the study, the intervention, etc. to allow you to properly describe your dataset.

Complete the required (\*) and optional fields as needed. We suggest taking some time to be as descriptive as possible to make your information clear and accessible, as well as improve the chances it is found.

**See pages 7–8 of this document for a printable version of the form you can use offline**

## Step 3: Add a link

---

Include any link to an existing publication, the study protocol/registration, or data repository to give researchers even more information about your dataset.

## Step 4: Upload files (*optional*)

---

If you wish, you may even directly upload the full anonymized dataset, publication/protocol document, or a codebook etc. to the form.

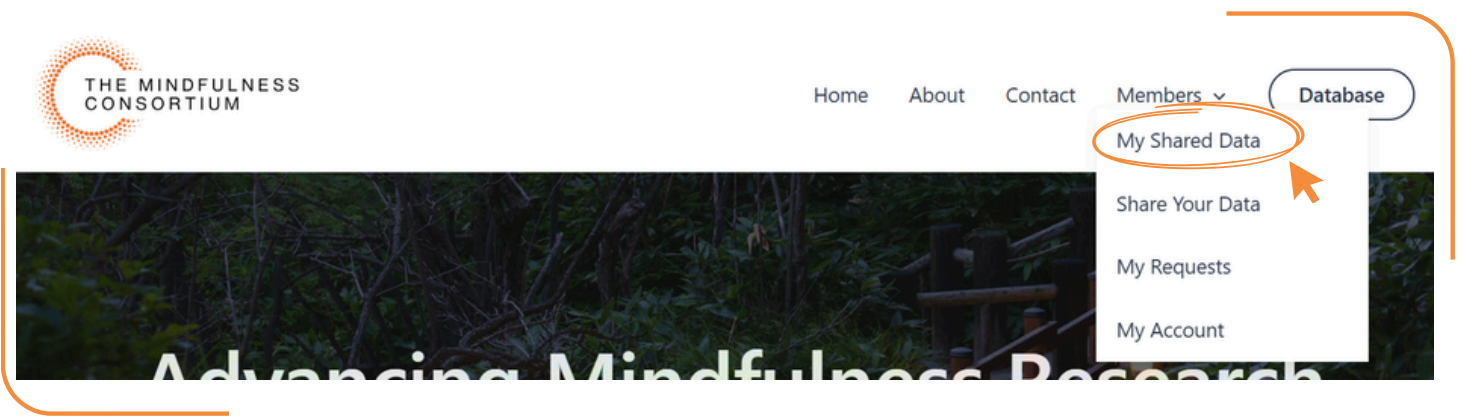
You can upload upto three files of 25MB each. Accepted file types are: *pdf, doc, docx, xls, xlsx, ppt, pptx, rtf, txt, md, tex, csv, tsv, ods, sav, por, dta, rdata, rda, rds, sas7bdat, xpt, r, py, ipynb, m, jl, json, xml, yaml, yml, zip, 7z, tar, gz, rar*

**See pages 7–8 of this document for a printable version of the form you can use offline**

## Step 5: Submit!

---

Once you submit your information, The Mindfulness Consortium staff will review it for clarity prior to publishing it on the site. You will be able to check the status of all your shared data on the **'My Shared Data'** tab under 'Members'.



## Step 4: Receive Requests

---

When a researcher expresses interest in your dataset, The Mindfulness Consortium will notify you by email with the details of their request. You are then free to communicate with the researcher. You decide whether to proceed, how involved you wish to be, and what authorship expectations apply.

There is no obligation to accept any request as is. We encourage you to read the following section for guidelines and recommendations for collaborations:  
[www.mindfulnessconsortium.org/what's next](http://www.mindfulnessconsortium.org/what's%20next)



# New Data Insert

Title \*

Principal Investigator \*

Other Collaborators

## Study Description

Describe the study purpose, nature, scope, methodology, and sample to allow others to understand your dataset, the more details you provide the more likely others are to find your entry and request to collaborate.

## Publication Details

Provide publication DOI, if applicable, or add another relevant link * <small>(e.g., pre-registration, data repository or similar)</small>	Year of Publication <small>When was the study published</small>	Author Country * <small>In which county was data collected</small>
<input type="text"/>	<input type="text"/>	Choose Country <span style="float: right;">▼</span>

## Study Information

<b>Study design</b>		<b>Population type *</b>	
Type RCT		Type Clinical	
More study design information		More population type information	
<b>Age group *</b> Children (up to 13)	<b>Control group *</b> Passive control group	<b>Total Sample Size *</b>	

## Intervention Info

<b>Intervention Type *</b> MBSR	<b>Intervention details</b> Add any additional information, particularly if your intervention was novel, unique, or atypical	<b>Intervention length *</b> Length in (in weeks)
<b>Questionnaires</b> Select	<b>Cognitive tasks</b> Select	
<b>Neural measures</b> Select	<b>Other measures</b> Select	

## Files

Important: Add only the files that you are willing to make publicly accessible (e.g., fully anonymized dataset, codebook, study protocol and/or similar)

\*Maximum file size 25MB.

File 1	No file selected <a href="#">Add File</a>
File 2	No file selected <a href="#">Add File</a>
File 3	No file selected <a href="#">Add File</a>